

Pizarts Dance Gap Year
Essential Eligibility Criteria

PHILOSOPHY:

Pizarts strives to help dancers Dig Deep within one's movement practice and Discover More of society through means of dance, art and community engagement.

Dance Gap Year, founded by Pizarts, provides an enriched, diverse & global learning environment for our participants. Established in 2014, the program located in New York City, Los Angeles & Abroad brings together creative minds from around the world to learn, create and share with the public. We have a staff of highly experienced and worldly teachers who are eager to pass on their knowledge and expertise with participants.

Pizarts Dance Gap Year are open to all individuals who meet the following essential eligibility requirements.

Participants must:

1. Be between 18-36 years of age.
2. Display respect for oneself, fellow participants, educators, DGY staff and one's surroundings/environment.
3. Be responsible for oneself and one's belongings.
4. Be open-minded and willing to try new things.
5. Communicate openly and effectively with DGY staff.
6. Be able to perform necessary self-care including maintaining adequate nutrition and hydration, dressing appropriately for weather conditions, maintaining personal hygiene and managing known medical conditions.
7. Be able to work cooperatively as a member of a group and support a team approach, despite potentially challenging circumstances. This may require flexibility and the ability to compromise on an interpersonal or group level.
8. Be able to attend various dance and physically rigorous classes/workshops/rehearsals accumulating as much as 8 hours a day.
9. Be able to perceive, understand and follow instructions.
10. Be comfortable with partnering, solo and group work that may include respectable physical touch.

11. In the event of an emergency, be able to exit independently while following directions with adaptations if necessary.
12. Effectively notify leaders or other participants of personal distress, injury, illness or the need for assistance.